Defensive Driving Online Modules

Course Content

These individual, 20-minute training sessions focus on collision prevention through hazard recognition and application of collision avoidance techniques. In addition, DDC online Modules address common driving violations that result in collisions, and how to change driving habits to eliminate moving violations.

Speed Management

- Managing proper driving speed
- Common misconceptions about improper speed
- Consequences of improper speeds
- Impact of speed on vehicle control
- Effect of speeding when combines with driver impairment
- Distance required to stop a vehicle
- How to determine and main a safe driving speed

Avoiding Collisions with Fixed Objects

(Public utility and service industries)

- Key safety practices that can eliminate with fixed objects
- Common driving errors that result in fixed object collisions
- How to compensate for a driver's visual limitations
- How to manage a vehicle's physical characteristics
- Best practices for parking and leaving a parked position

Lane Management

- Using traffic lanes properly
- Safe-driving techniques to prevent lane-related collisions
- Safest way to drive within traffic lanes and avoid left-of-center crashes
- What "move-over" laws requires you to do
- The meaning of different lane markings
- Strategies for avoiding left-of-center collisions
- The dangers of tailgating
- How to maintain a safe following distance
- What are risky and illegal passing behaviors
- How to pass safely and legally

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Avoiding Impaired Driving

- The impact of alcohol and drugs on driving
- Strategies to avoid driving while impaired
- What is means to be "impaired"
- Types of drugs other than alcohol that can cause impairment
- How alcohol and drugs affect the mind and body
- Behaviors of an impaired driver
- Economic and societal impact of impaired driving
- How to avoid driving impaired
- What to do when you encounter an impaired driver

Avoiding Fatigued Driving

- Causes and dangers of fatigued driving
- Strategies to avoid driving when fatigued
- What fatigue is and how it affects you
- Causes of fatigue
- How to recognize you are too tired to drive
- Understanding your need for sleep
- Tips on getting enough sleep
- How to prevent fatigued driving
- What to do if you become drowsy while driving

Avoiding Aggressive Driving

- Signs, causes and impact of aggressive driving
- Strategies to avoid aggressive driving
- Defining "aggressive driving" and "road rage"
- Scope and consequences of aggressive driving
- Behaviors and characteristics of aggressive driving
- How to identify your own aggressive driving tendencies
- Common causes of aggressive driving and the effects of stress behind the wheel
- How to avoid stressful driving situations and maintain control of your emotions
- What to do when you encounter an aggressive driver

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<u>Intersections</u>
- Navigating through intersections properly and safe driving techniques to prevent intersection-related crashes
- Defining "right-of-way" and the two categories of intersections
- Why intersections are so dangerous
- How right-of-way is determined or controlled in different types of intersections
- What constitutes a right-of-way violation
- General rules and procedures for driving in intersections
- Strategies to safely navigate intersections

<u>Weather and Road Conditions</u>
- Driving hazards related to weather and road conditions
- Driving techniques to safely operate a vehicle in those conditions
- Types of weather that cause driving hazards
- General strategies to prepare for any weather hazard
- How to handle specific types of weather and light hazards
- Road characteristics that cause driving hazards
- How to handle common road hazards
- Strategies for driving in work zones

<u>Backing and Parking Lot Strategies</u>
- Driving techniques to avoid backing-relates crashes in parking lots
- Causes and costs of backing collisions
- Risks and hazards found in parking lots
- How to choose a good parking space
- Characteristics of different parking situations
- Best practices for common parking scenario
- How to safely back out of a parking spot