



# Motorcycle Safety Online Course (2-hour)

## Course Content Overview

The National Safety Council and the Motorcycle Safety Foundation have partnered to provide this Internet-based interactive program. Based on the Motorcycle Safety Foundation's curriculum. This 2-hour course is for the experienced motorcycle rider and includes a riding risk assessment and the appropriate defensive driving skills and street riding strategies to avoid deadly crashes.

### **Introduction**

- Welcome message, course navigation and features, session overview and goals

### **Session 1 – Motorcycle Rider Awareness**

- The benefits of riding a motorcycle
- The causes of motorcycle crashes
- Basic rules while operating a motorcycle
- Commitment to safety

### **Session 2 – Understanding Riding Risks**

- Describe the risks involved in riding a motorcycle and the importance of being aware of your environment
- Describe the risk acceptance and the factors involved in taking risks
- Identify the SEE strategy as related to risk management

### **Session 3 – Preparing to Ride**

- Identify the elements suggested for selecting the type, size and fit of your motorcycle
- Identify the different types of protective gear required to be safe while riding your motorcycle
- Identify the elements of the Pre-Ride Inspection (T-CLOCS) as created by the Motorcycle Safety Foundation
- Describe the importance of doing regular scheduled maintenance on your motorcycle
- Describe the basic riding skills needed to be a safe and responsible rider

### **Session 4 – Street-Riding Strategies**

- Identify how to maintain visibility on the road
- Identify how to position your motorcycle within the flow of traffic
- Describe the importance of gathering good visual information when riding
- Explain how the SEE strategy helps you to reduce the risk in traffic
- Describe some common riding strategies you will encounter while riding

### **Session 5 – Specialized Skills**

- Identify the key concepts associated with the skills needed to improve safe riding practices
- Identify how to prepare for special situations that you may encounter while driving
- Describe the types of impairments that can affect being a safe and responsible rider

### **Post-Test**

25 multiple-choice questions, 80% passing score

\*This course overview applies to the 2-hour Motorcycle Safety Online Course. Course length may vary based on participant's independent learning characteristics and skill level.