



See how NSC classroom training compares with other national providers.

# NSC First Aid, CPR & AED Classroom Course



Nationally recognized first aid training that meets OSHA best practices

## Compliance

OSHA First Aid Standard 29 CFR 1910.151




In the absence of an infirmary, clinic or hospital in close proximity to the workplace a person or persons shall be adequately trained to render first aid.

The employer shall ensure the ready availability of medical personnel.

OSHA Best Practices	National Safety Council	American Heart Association	American Red Cross
<b>Nationally Recognized Student Completion Card:</b> 2 Year Certification	✓ Student Completion Cards - <b>FREE</b>	✓ Student Completion Cards - <b>Price Varies</b>	✓ Student Completion Cards - <b>Price Varies</b>
<b>Teaching Method:</b> Exposed to accurate injury & illness settings and appropriate response through video, slides	✓ Video, workbooks, PowerPoint slides and First Aid Quick Guide	✓ Video, instructor manual and a quick reference guide	✗ <b>Incomplete</b>
	 <b>NSC BEST PRACTICE!</b> NSC First Aid training programs use Video-Self-Instruction and "Watch Then Practice" formats. By engaging the senses of touch and sight, plus hands on practicing to build muscle memory, students experience greater retention, and build the confidence to respond correctly during a medical emergency.		
<b>Responding to a Health Emergency:</b> Principles of triage	✓	✗ <b>Incomplete</b>	✗ <b>Incomplete</b>
<b>Surveying the Scene and the Victims:</b> Taking a victim's history; Secondary assessment	✓ ✓	✗ <b>Incomplete:</b> contains only a check for medical alert jewelry	✓ ✓
<b>Trainee Assessments:</b> Includes observation of skills and written assessments. First aid skills/knowledge should be reviewed every three years.	✓	✓	✓
	 <b>NSC BEST PRACTICE!</b> NSC skills testing goes beyond OSHA best practices and tests in up to seven areas that other providers do not include in their skills testing and/or written assessments.		

continued

As an employer, you have no way of knowing what type of injuries may occur. **NSC best practices recommends a 3-4 minute response time** for all emergencies.

OSHA Best Practices	National Safety Council	American Heart Association	American Red Cross
<b>Program Update:</b> Training program should be periodically reviewed with current techniques and knowledge. Outdated material should be replaced or removed.	✓   <b>NSC BEST PRACTICE!</b> All NSC first aid and CPR content is developed under the direction of a physician medical director, and reviewed periodically by the National Safety Council's First Aid Advisory Committee	✓	<b>Incomplete:</b> Does not follow current CPR & ECC Guidelines for choking
<b>Type of Injury Training Bleeding:</b> Wound care, wounds requiring medical attention	✓   <b>NSC BEST PRACTICE!</b> NSC goes beyond wound care by including information about tetanus vaccination.	✗ Incomplete	✓
<b>Poisoning:</b> Drug abuse (alcohol, narcotics, etc.)	✓	✗ Incomplete	✓
<b>Burns:</b> Assessing severity (first-, second-, third-degree burns)	✓	✗ Incomplete	✓
<b>Musculoskeletal Injuries:</b> Dislocations Muscle strains, contusions, and cramps	✓ ✓	✗ Incomplete ✗ Incomplete	✓ ✓
<b>Medical Emergencies Pregnancy:</b> (appropriate care, abdominal injury, vaginal bleeding)	✓   <b>NSC BEST PRACTICE!</b> NSC understands that skill retention is essential to providing the confidence your employees need to respond confidently and correctly during a medical emergency. We are the only nationally recognized provider to include refresher videos to our students.	✗ Incomplete	✗ <b>Incomplete:</b> Only covers emergency childbirth



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