



# Defensive Driving Online Course (4-hour)\* 10<sup>th</sup> edition

## Course Content Overview

This course focuses on collision prevention through hazard recognition and application of collision avoidance techniques. In addition, the course also addresses common driving violations that result in collisions, and how to change driving habits to eliminate moving violations.

### **Introduction (10 minutes)**

- Welcome message, course navigation and features, session overview and goals

### **Session 1 – It’s All about Choices (30 minutes)**

- Define “defensive driving”
- Explain what it means to be a defensive driver
- Define “reasonable action” and “preventable collisions”
- Determine your personal driving profile
- Driving attitudes and behaviors
- List the basic steps in the DDC Collision Prevention Formula
- Explain the “What If?” Strategy
- Quiz Challenge

### **Session 2 – Ready for the Road (75 minutes)**

- Recognize how age and other physical, emotional, and mental conditions may affect your driving and driving of others
- Explain the defensive driving techniques you can use to control or compensate for those conditions in yourself and other drivers
- List the vehicle equipment that you should check before driving or at regular intervals
- Explain the critical importance of occupant protection systems and how they are safely used, including special considerations for children
- Explain how to drive defensively in conditions beyond your control, such as light weather, road conditions and traffic mix
- Quiz Challenge

### **Session 3 – Don’t Add Insult to Injury (40 minutes)**

- Describe the characteristics of impaired, distracted, fatigued and aggressive drivers
- Identify the actions you can take when you experience or encounter these characteristics on the road
- Employ techniques to manage your emotions and behaviors while driving
- Quiz Challenge

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### Course Content Overview and Objectives

#### **Session 4 – Success on the Road (40 minutes)**

- List the six most unsafe driving behaviors
- Describe the hazards involved with each of these unsafe driving behaviors
- List alternatives to speeding
- Explain how to safely approach and proceed through intersections
- Explain how to make safe and legal turns
- Explain the steps needed to complete a safe pass
- Determine a safe following distance
- Quiz Challenge

#### **Session 5 – Collision Prevention (15 minutes)**

- Apply the DDC Collision Prevention Formula
- Explain the “What if” Strategy
- Recognize the hazards in collision scenarios
- Identify standard road signs, shapes and colors
- Identify reasonable steps that might have prevented real-life collisions
- Quiz Challenge

#### **Session 6 – Driving for Life (10 minutes)**

- List the ten habits of defensive driving
- Identify personal behaviors and decisions you will make in future driving situations to avoid collisions and violations

#### **Post-Test**

25 multiple-choice questions, 80% passing score

\*This course overview applies to the standard 4-hour DDC Online, 10<sup>th</sup> edition Course. Course length may vary based on participant’s independent learning characteristics and skill level. State and/or Court-appointed DDC Online Courses may vary in content and post-test requirements.