NSC First Aid Training At-a-Glance

COURSES	REGULATIONS	WHO WOULD BENEFIT	COURSE CONTENT	TRAINING HOURS
NSC First Aid, CPR & AED (also available in Spanish) **NSC First Aid, CPR & AED Online**	Meets OSHA requirements and follows 2015 CPR and ECC Guidelines	Emergency response teams, safety personnel, supervisors, individuals requiring certification, general public	• Breathing and cardiac emergencies in adults, children and infants • Identifying and caring for bleeding, sudden illness and injuries • Preventing disease transmission • Allergic reactions	**5 – 5.3** **4.5**
NSC Bloodborne & Airborne Pathogens **NSC Bloodborne & Airborne Pathogens Online**	Meets OSHA requirements	Individuals who may come in contact with infectious materials as part of their job as responders, health care professionals, lab technicians, dentists, dental hygienists, fire, police, ambulance, EMS	• Disease transmission • Prevention • Universal precautions • Exposure control • Labeling • Exposure determination • Influenza pandemic	**2+** **1.5**
NSC First Aid	Meets 2015 CPR and ECC Guidelines	Emergency response teams, safety personnel, supervisors, general public	• Bone, joint and muscle injuries • Choking • Identifying and caring for bleeding, sudden illness and injuries • Preventing disease transmission	**3.7**
NSC CPR & AED	Meets 2015 CPR and ECC Guidelines	Emergency response teams, safety personnel, supervisors, fire, police, ambulance, athletic trainers, airline employees, lifeguards	• Breathing and cardiac emergencies in adults, children and infants • Heart disease prevention • Patient assessment • CPR integration • AED application • Protocol adherence	**2.2-2.5**
NSC Pediatric First Aid, CPR & AED	Meets first aid and CPR requirements of all 50 states	Child care providers, early childhood educators/students, youth organizations, parents	• Breathing and cardiac emergencies in infants and children • Identifying and caring for common age-related injuries • Preventing childhood injuries	**5.5-7**
NSC Advanced First Aid, CPR & AED	Meets 2015 CPR and ECC Guidelines	Industry, college students, athletic trainers, vocational school programs, college health profession programs	• Breathing and cardiac emergencies • Bleeding and shock, sudden illness and injuries • Special situations • Natural disasters	**16-40**
NSC Emergency Medical Response	Meets the NHTSA National EMS Education Standards	Emergency response teams, safety personnel, fire, police, ambulance, EMS, health care professionals, athletic trainers, security officers	• Breathing and cardiac emergencies in adults, children and infants • Identifying and caring for bleeding, sudden illness and injuries • Preventing disease transmission • Oxygen administration and AED	**40-52**
NSC Basic Life Support for Health Care & professional rescuers	Meets 2015 CPR and ECC Guidelines	Health care providers, emergency response teams, safety personnel, fire, police, ambulance, EMS, athletic trainers, lifeguards	• Breathing and cardiac emergencies in adults, children and infants • Two-rescuer CPR • Using suctioning devices, airway adjuncts and masks including bag-valve	**4.4-5**